



MENU

ALL MEALS ARE GLUTEN FREE

DF FOR DAIRY FREE

V FOR VEGETARIAN

VE FOR VEGAN

FREE DOGGY DINNERS

Starters

*Soup of the day with warm ciabatta £5 **Ve***

*Pate with toasted ciabatta & chutney £7 **DF***

*Creamy garlic mushrooms with ciabatta £7 **V***

Smoked haddock & spring onion fish cakes with sweet chilli sauce £7

Deep fried brie with cranberry sauce £7

*Whitebait with tartare sauce £7 **DF***

*Avocado, tomato & olive salad £7 **Ve***

Chilli con carne/ 3 bean chilli & nachos, melted cheese, sour cream & salsa £12.

(for 2 people to share)

*Garlic bread £5 **Ve***

Grills. NOT SERVED ON SUNDAYS

*Large 10oz Ribeye, mushrooms, chips, peas & salad £20 **DF***

*Mixed grill, steak, pork, lamb, gammon, sausage, egg, mushrooms, chips, peas & salad £20 **DF***

*10oz gammon steak with eggs, chips, peas & salad £17 **DF***



Fish

Beer battered cod, chips, peas & salad with tartare sauce £14 DF

Smoked haddock, mash & peas with cheese sauce £14

Grilled trout with lemon & sunflower butter, new potatoes & peas £14 DF

Mains

All £14 unless stated otherwise

Locally made faggots, mash, peas & gravy DF

Chilli & rice with nachos, sour cream & salsa without sour cream DF

Lasagne, chips & salad

Chicken korma, rice & poppadom

Hunters chicken .. chicken topped with bbq sauce, bacon & melted cheese without cheese DF

Steak & ale pie, chips, peas & gravy DF

Bangers & mash, peas & gravy DF

Chicken, bacon, avocado & stilton Without stilton DF

Home cooked ham, eggs, chips, peas & salad DF

Lamb shank, mash, peas & gravy. £18 DF

Burger in a bun with bacon, stilton, onion chutney, tomato, egg, chips & salad Without stilton DF

Liver, bacon & onion, mash, peas & gravy DF



Vegetarian and Vegan All £14

Three bean smokey chilli, rice & nachos. **Ve**

Falafel & spinach burger, red onion chutney, tomato, cheese, chips & salad **V Without cheese Ve**

Moroccan cauliflower roulade with chickpea chutney, chips, peas & salad **Ve**

Malaysian Penang curry with rice & poppadom **Ve**

Phat mushroom & leek pie with chips, peas & salad **Ve**

Vegetable lasagne, chips & salad **V**

Spring veg & mint quinolone, asparagus, green beans with quince & arborio risotto in a creamy sauce **V**

Butternut, brie & beetroot tart, chips, salad & peas **V**



Light bites £11

Ciabattas (Ve) served with chips & salad

Tuna melt

Ham & cheese

Bacon with stilton or brie

Tomato and cheese

Steak & caramelised onion (£12) DF

Jacket potatoes £8

Cheese V

Sausage & beans DF V

Tuna & mayo

Chilli con carne (with cheese £9)

Three bean chilli Ve

Ploughman's £11

Cheddar, Brie, Stilton or ham (£2 extra if mixed)

Sunday roasts are served

SEE BOARD FOR CHOICE OF MEATS

Children's roast + ice cream £9.50

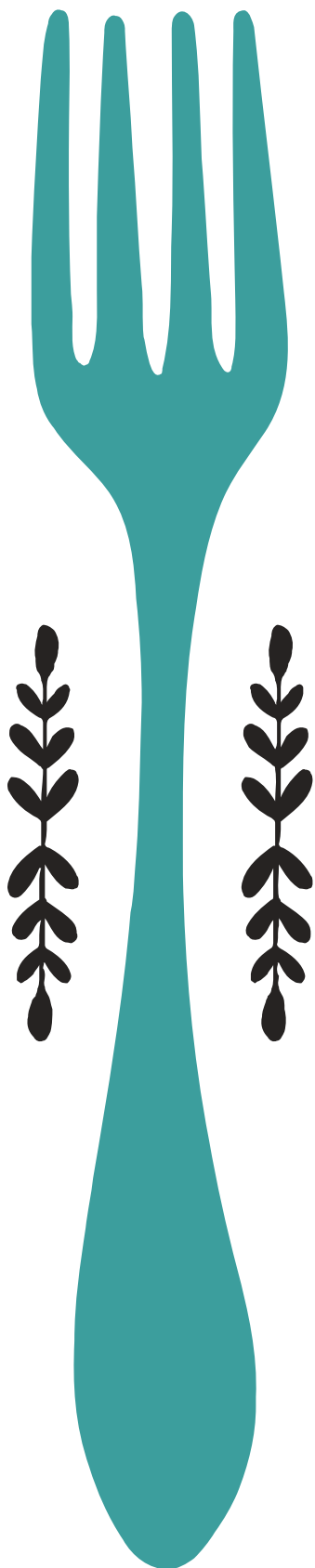
CHILDREN'S MEALS £9

To include a scoop of ice cream for pudding

Served with chips & beans

Sausage DF. Chicken chunks DF

Fish fingers DF



WHATS ON

SUNDAY DOG WALKS

*1st Sunday every month.
10 30am meet at pub for coffee and
bacon rolls. Drive out into the Forest
for 1.5 hour walk and then back to
the pub for roast lunch. £18.50p
Pudding not included.
Please phone to book.*

TUESDAY STEAK NIGHT

*2 x large 10oz ribeyes £30
2 x 8 oz rumps £20*

FOOD SERVED

*MON TO FRI 12 to 2pm & 6.30 to 9pm
SAT 12 to 9pm. SUN 12 to 8pm*

**WE CAN CATER FOR PARTIES, WAKES
OR ANY OTHER CELEBRATION**

**OUR PARTY ROOM SEATS 30 or up to
50 if you require one of our 100%
gluten free buffets**



COMPASS INN CHARITY SHOP

***Please feel free to browse in
our shop***

Most items are only £1

Books 25p

***Any unwanted goods
gratefully received***

In aid of CANCER RESEARCH

***All donations can be given on
Just giving. The Compass Inn***



CHRISTMAS

We will be serving Christmas food all day Saturdays and Sundays throughout December.

Please phone to book.

Large parties can be booked on week days.

Please speak to a member of staff for more information

LOCALS NIGHT WILL BE ON

SUNDAY 16th DEC 7pm

Xmas meal and music

Phone no 02380812237

www.compassinn.co.uk

email

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